



GROCERY LIST

MONTH: _____ YEAR: _____

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DAIRY	FRUIT	BREAD	BOXED FOOD	CANNED GOODS	KITCHEN
Cheese	Apples	Bagels	Cereal	Baby Food	Kitchen Cleaner
Butter	Banana	Croissant	Cookies	Chili	Dish Detergent
Cottage Cheese	Blueberries	Muffin	Cracker	Fruit	Dishwashing Liquid
Cream Cheese	Grapes	Hamburger Bun	Energy Barn	Mushroom	Floor Cleaner
Eggs	Grapefruit	Hotdog Bun	Cake/Muffin	Tomatoes	Floor Wax
Margarine	Lemon	Sourdough	Granola Bar	Soups	Furniture Polish
Milk	Melon	French Bread	Pretzel	Spaghetti Sauce	Glass Cleaner
Sour Cream	Mango		Potato Chips	Tomato Sauce	Scouring Pads
Whipped Cream	Orange	FROZEN FOOD	Popcorn	Tomato Paste	Sponge
Yogurt	Pears	Dessert		Tuna	
	Strawberries	Ice Cream	CONDIMENTS	Vegetables	BATHROOM
MEAT /FISH/POULTRY		Juices	Chocolate Syrup		Bandages
Bacon	VEGETABLES	Pizza	Honey	PAPER GOODS	Toothbrush
Beef	Broccoli	Potatoes	Jelly/Jam	Aluminum Foil	Toothpaste
Chicken	Cabbage	Vegetable	Ketchup	Facial Tissue	Shampoo
Deli Meats	Carrots	Waffles	Mayonnaise	Lunch Bags	Conditioner
Fish	Cauliflower		Mustard	Garbage Bags	Cotton Swab
Ham	Celery	BAKING GOODS	Oil	Napkins	Cotton
Hotdog	Corn	Baking Powder	Pancake Syrup	Paper Towels	Liquid Soap
Pork	Cucumber	Baking Soda	Peanut Butter	Paper Plates	Makeup
Steak	Garlic	Cake Mix	Pickles	Plastic Cups	Razor
Sausage	Lettuce	Chocolate Chips	Salsa	Plastic Utensils	Lotion
Shrimp Cocktail	Mushroom	Corn Starch	Olive	Plastic Wrap	Soap Bars
Turkey	Onion	Dip Mix	Salad Dressing	Toilet Paper	Razor
	Pepper	Dried Herbs	Shortening	Sandwich Bags	Shaving Cream
BEVERAGES	Potatoes	Flour	Soy Sauce	Straws	Toilet Cleaner
Bottled Water	Radishes	Gelatin	Vinegar		
Cocoa	Spinach	Nuts		OTHERS	NOTES:
Coffee	Tomatoes	Pancake Mix	LAUNDRY	Air Freshener	
Fruit Juice		Pepper	Bleach	Batteries	
Lemonade		Salt	Detergent	Candles	
Tea		Sugar	Fabric Softener	Light Bulb	
Soft Drinks		Spices	Fabric Freshener	Pt Food	
Energy Drink		Vanilla	Stain Remover	Stamps	
		Vegetable Oil	Starch	Vitamins	



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NOTES: